




**NHS**

**Cervical screening can stop cancer before it starts**

Don't ignore your invite letter. If you missed your last one, **book an appointment with us today.**

*Remember to book cervical screening!*

**CERVICAL SCREENING SAVES LIVES**



**CARERS SUPPORT GROUP FOR PARENTS/CARERS OF CHILDREN 5-18 YRS WITH EATING DISORDERS**

A welcoming supportive group that is confidential, non-judgemental and informative.

Starting 7th March,  
then first Thursday of the month  
6pm – 8pm

Willington Open Door Church  
Wesley St  
Willington, Crook  
DL15 0AG

For further information contact Lisa on 07445307518  
NourishDurham@gmail.com.

# Willington Medical Group

**Newsletter  
March 2019**

## Staff Training for March 2019

Willington Medical Group will be closed for Staff Training on Thursday 28th March 2019 from 12 noon. The surgery will re-open on Friday 29th March at 8am.

## Surgery Closures

We will be closed on the following Bank Holidays: Friday 19th April and Monday 22nd April 2019. Please order any medication required in good time.

## New GP Registrar

Our new GP Registrar Dr Shaw started with us in February 2019 and will spend 6 months with us as part of his GP training. Dr Lunney will be his supervisor.

**Don't forget to put your clocks forward!**

**British Summer Time begins 31st March 2019**



This newsletter is available on our website and in large print.

Tel: 01388 742500 Email: [willingtonmedical-group@nhs.net](mailto:willingtonmedical-group@nhs.net)

Website: [www.willingtonmedicalgroup.org.uk](http://www.willingtonmedicalgroup.org.uk)

## Dr Desai

Dr Desai will be leaving our Practice at the end of May. He would like to thank all patients, colleagues, staff and attached staff for their support. Arrangements for his replacement are in hand and a further announcement will be made within the next few weeks.

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## Wednesday 13th March is National No Smoking Day

If you are a smoker and would like help to quit, please ask at reception for details of our stop smoking clinics.

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## Important Drug Safety Information

From 1st April 2019, Pregabalin and Gabapentin will be classified as Schedule 3 Controlled Drugs (CDs).

Please be aware of the following restrictions when requesting these medications:

- Doctors will now need to physically sign prescriptions; pharmacists **will not** accept electronic copies
  - Prescriptions will be limited to a maximum **28 days'** supply
  - Pharmacists must dispense the drugs within 28 days of the prescription being written
  - Please allow 2 working days for prescription requests or even better request a week before.
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## WILLINGTON HAPPY FEET



## Beginners running group



**Come and join us for our new  
couch to 5k group**

**Tuesday 5<sup>th</sup> March 2019 at 6.10pm  
Starting at Willington Medical Group staff car  
park (rear of Willington Surgery)**

To register please go to <https://runtogether.co.uk>  
and search for groups in Willington.