



## Get together for an Afternoon Tea this July

Gather your friends for a cup of tea and a few treats this summer.

It's a great way to get together and giggle with your favourite people, and your charity tea will help us support more of the 62,000 people diagnosed with breast cancer each year. Together, we can provide support for today and hope for the future.

For your free fundraising pack log onto [www.breastcancercare.org.uk/afternoon-tea](http://www.breastcancercare.org.uk/afternoon-tea) or telephone 0300 100 4442

### Staff Training for July 2019

Willington Medical Group will be closed for Staff Training on Wednesday 24th July 2019 from 12 noon. The surgery will re-open on at 8am Thursday 25th July 2019.

### Practice News



Congratulations to Jessica and Joanne who have both had beautiful baby boys.

### School Visit

Willington Primary School has invited us to their 'Career Fair' on Monday 8th July. We are very excited to have been asked. Melanie Robinson, Nurse Practitioner, Dr Shaw and I are looking forward to answering any questions the children may have with regard to working in a GP Practice. We may meet your future GPs, Nursing, Administrators or Receptionists.

Julia Steele  
Practice Manager

### Healthwatch Enter & View Visit

We have asked Healthwatch County Durham to come into The Practice to carry out an Enter & View Visit. They will talk with patients about how satisfied they are with the services we offer. Patient feedback is extremely important to us. As a Practice, we work closely with our Patient Participation Group to improve the service we provide. The visit will take place Wednesday 21st August 2019.

This newsletter is available on our website and in large print.

## Healthier & Wealthier Awards 2018/19

The Practice is proud to continue working closely with Citizen Advice County Durham Healthier and Wealthier Team. We have been awarded 'Best Wellbeing Outcomes for Patients 2018/19'. As a Practice in County Durham we have achieved the best all round improvement in Patients' Mental Wellbeing by using the Healthier & Wealthier Service. The impact of advice can often improve mental and sometimes physical wellbeing.

If you need their help or advice with your problems at work, or with benefits, debt and money, housing, energy costs, family and relationships, consumer or legal issues and more, ring Citizens Advice direct on 0300 323 1001, 9am - 1pm Monday to Friday.

## Alzheimer's Cupcake Day

We held an Alzheimer's Cupcake Day on 26th June for staff members. We raised £29.10.



## Willington Happy Feet (WHF)

We are due to start a new couch to 5km beginners group in August. To register please go to <https://runtogether.co.uk> and search for groups in Willington.

## Patient Participation Group (PPG)

Patient feedback is important to us and we are looking for more patients to join the group. We meet every three months. If you wish to join the group please contact one of our members; David Craggs 01388 763709, Graham Sewell 07732 625286, Kathleen Kyle 01388 746349 or complete the form on the PPG page of Practice website [www.willingmedicalgroup.org.uk](http://www.willingmedicalgroup.org.uk)

## Smoking Cessation Clinic

If you cannot attend the surgery for our Smoking Cessation Clinic there are other local clinics held at the following locations:

### Monday 4.30pm- 5.30pm

The Four Clocks Centre  
154a Newgate St  
Bishop Auckland  
DL14 7EH

### Thursday 5.00pm - 6.30pm

Crook Library  
Civic Centre  
North Tce  
Crook  
DL15 9ES

## Staff Training

What training do receptionists and administration staff undertake at Willington Medical Group?

On an annual basis our receptionists and administrator complete both online training or face to face training.

Here are examples of some of the training:

- Cardio Pulmonary Resuscitation (CPR)
- Fire Warden Training & Fire Training
- Data Security Awareness Training
- Safeguarding Adults Level 1 Training
- Safeguarding Children Level 1 Training
- Disability Awareness training
- Health & Safety in the Practice
- Accessible Information Standard
- Care Navigation
- Equality & Diversity
- Infection Control