



Serving  
County Durham...



## How to contact us...

### Durham County Carers Support

(Registered Address)  
1 Hutton Close

South Church Enterprise Park  
Bishop Auckland  
Co Durham  
DL14 6XG

**Tel:** 0300 005 1213

**Text:** 07624 818 403

**Email:** [admin@dccarers.org](mailto:admin@dccarers.org)

 @dccarers

 find us on Facebook

[www.dccarers.org](http://www.dccarers.org)

*Please ask us if you would like this information in another language or format*



Charity Number: 1069278  
Company Number: 3534933



# do you *look after someone?*

## Find out how we can help...



Durham County  
carers support

*Your local charity  
supporting carers*

“We have local outreach  
in Communities across  
County Durham”

Durham County Carers Support  
is financially supported by:



## Are you a carer?

- A Carer is someone who, without payment, provides care and support to a partner, disabled child, relative, friend or neighbour who could not manage without their help.
- You may help with their personal care, provide emotional or practical support or just ensure they are safe and coping.
- You may often feel isolated, overwhelmed and undervalued and as a carer you are important.

## We are here to help



## We can support you with...

- Specialist advice and information
- Home visits offering one to one support
- Practical help with completing forms, gaining benefits, grants and other funding
- A listening ear and telephone support
- Opportunity to meet other Carers
- Signposting to other services which may be of benefit
- Ensuring Carers have an opportunity to have their voices heard

*“Extremely friendly, have dealt with all my little problems efficiently”*

*“A valuable resource for all carers in County Durham. Keep up the good work!”*

*“Fantastic support :) Thank you!”*

If you would like more information about help available to Carers please complete the slip and return to the address below. **You do not need a stamp**

**FREEPOST RTAC-BGCX-GLZC  
Durham County Carers Support  
Village Hall  
Delves Lane  
CONSETT  
DH8 7BH**

Or contact our Contact Team on:  
**0300 005 1213**

Name: .....

Address: .....

Post Code: .....

Telephone No: .....

Where did you pick up this leaflet?  
.....

***We will be in touch soon***

