

Postal Locality	Name	Phone Public	Address	Good Friday 10/04/2020	Easter Sunday 12/04/2020	Easter Monday 13/04/2020
Crook	Crook Pharmacy	01388 417 460	50 Hope Street, Crook, DL15 9HU	Closed	10:00-12:00	Closed
Bishop Auckland	Asda Pharmacy	01388 600210	South Church Road, Bishop Auckland DL14 7LB	09:00-18:00	Closed	09:00-18:00
Bishop Auckland	Boots	01388 603140	31 Newgate Street, Bishop Auckland, DL14 7EW	09:00-16:00	Closed	Closed
Crook	Boots	01388 762726	8 North Terrace, Crook, DL15 9AZ	09:00-17:30	Closed	Closed
Spennymoor	Asda	01388 824510	St Andrews Lane, Spennymoor, DL16 6QB	09:00-18:00	19:00-21:00	09:00-18:00
St Helen Auckland	Boots	01388 665183	Unit 8 Bishop Auckland Shopping Park, Bishop Auckland DL14 9FA	09:00-18:00	Closed	09:00-18:00
St Helen Auckland	Sainsburys Lloyds Pharmacy	01388 605204	Inside Sainsburys, St Helen Auckland, Bishop Auckland DL14 9AE	09:00-17:00	Closed	09:00-17:00
St Helen Auckland	Tesco Instore Pharmacy	0345 026 9626	Inside Tesco's Bishop Auckland DL14 9AB	06:30-22:30	Closed	09:00-18:00
Willington	Britton & Robson	01388 746269	46 High Street, Willington.	14:00-17:00	Closed	14:00-17:00

You are advised to telephone the pharmacy prior to attending. If you require advice out of hours, please contact: NHS 111

Willington Medical Group

Newsletter
April 2020

Bank Holidays 2020

The surgery will be **open** as follows on the Easter Bank Holidays:

Good Friday 10th April 8am - 6pm
Easter Monday 13th April 8am - 6pm

Surgery will be closed between 12pm - 1pm.

Changes to GP services due to Covid-19

Contraceptive Services

- **Copper Coil IUD:** Usually effective for 10 years, it can remain in longer but after this time the patient should be advised to use a barrier method i.e. condoms. If fitted after the age of 40 years there is no need for extra precautions.

Mirena IUS: Cover can be maintained up to 6 years

Implant: This remains effective for 4 years, although if concerned may run progestogen only pill alongside for the interim

Depo Provera: Effective for 14 weeks, after this time will need to be prescribed the progestogen only pill for the interim

Emergency Contraception - Combined Pill - Progestogen only pill: These can be issued via telephone triage with a nurse appointment

Childhood Immunisations: These are a priority and will continue to be given.

This newsletter is available on our website and in large print.

Changes to GP services due to Covid-19 continued

Asthma, COPD and Diabetes reviews: These may be conducted remotely via telephone triage if required, although no blood testing for diabetes is available at the current time

Blood Tests: These will only continue for high risk patients as requested by GP or those taking immunosuppressant's - DMARD monitoring. Routine annual bloods are being postponed for the present time. If unsure book a telephone appointment with a nurse to discuss

Zolodex/Prostap: These will be given as normal via a nurse appointment

B12 injections: Patient should obtain an appointment or defer to a later date.

Smears: Routine smears should postpone for 3-6months.

Dressings: To continue as required, the patient may be taught to self-manage where possible

Appointments not available at the present time are:

- Spirometry
- New patient checks
- Stop smoking clinics
- Ring pessary changes
- Minor surgery
- Travel Vaccination
- Ear syringing
- DVLA medical examinations
- Doppler's (ABPI)
- Routine blood pressure

This may not be a comprehensive list, hence any queries you have please feel free to telephone and speak to one of our nursing team.

Social distancing

Due to Covid-19 we are operating social distancing at the surgery. We ask patients when coming into the surgery to come by themselves, no more than 1 person at a time. When you come into the surgery we ask you not to go past the sign marked 'No Entry', the receptionist will inform you where to wait.

Thank you.

Prescriptions

Due to Covid-19 you can order prescriptions two weeks in advance if your medication is due.

We are asking patients when they are ordering their medication if they would like to collect this from a chemist of your choice. This would mean if you collect medication from your chemist that you are limiting the amount of places you need to visit.

Text Messages

We believe it is important to keep our patients informed of Covid-19 information.

If we have your up to date mobile telephone number and you have given consent for information to be sent to you, you will receive text messages from us. Please see text message we have sent on 31.3.20, as an example.

"Willington Medical Group is still open but is restricting the number of patients attending the surgery. Please only attend if you have been asked to. For any queries please telephone 01388 742500 or email willingtonmedical-group@nhs.net."
